HermanMiller Aeron® Chairs





Designers

Bill Stumpf and Don Chadwick

Every material, every mechanism on Aeron advances the art and science of seating. As the first office chair to replace fabric and foam with a breathable, woven suspension membrane—its innovative Pellicle* seat and back—Aeron distributes your weight evenly, eliminating pressure points and heat buildup. The Kinemat* tilt allows you to recline fluidly, as your body pivots naturally at the hips, knees, and ankles. And PostureFit* puts support where you need it most while seated—at the base of your spine.

Warranty

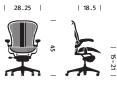
12-year, 3-shift.

hermanmiller.com/aeron





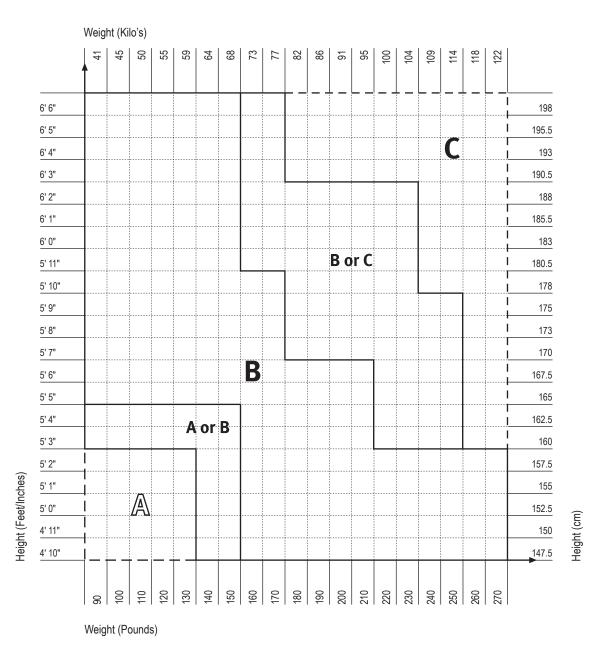
Work Chair Size A



Work Chair Size C

This reference helps people select A-, B-, or C-size chairs when the three sizes are not available for actual test sitting. Height and weight are key indicators of suitable chair-size choice. Since the B-size chair is designed to fit a broad range of people, Herman Miller recommends it for users who fall in the A/B or B/C category. This chart applies to Aeron chairs with the extended-height-range pneumatic height-adjustment cylinder.

To determine which chair size is best, find the point of intersection for your height and weight. Aeron A-, B-, and C-size chairs are tested and warranted for use by persons 300 pounds and under.



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Materials



Aeron Chairs

Seat & Back Pellicle Classic Price Category 1









Pellicle Tuxedo Price Category 2



Blue Black

4Q01

Grey Black 4M01

4M02

Pellicle Waves Price Category 2









Quartz 4F03

Zinc 4F01

4E03

Carbon 4E01 10-Day

Frame/Base Finish









Smoke Titanium

Graphite Polished Aluminum

Graphite G1

Armpads Finish





Smoke S8

Black BK

Price Category 9



Leather 11 Colors

HermanMiller

Aeron® Chair



Seating that performs for you.

Seat Height: Paddle-shaped lever on right side



To raise:

While taking your weight off chair, lift lever up.



At the proper height, your feet should rest flat on the floor.





To raise or lower arm:

While seated, lift lever to unlock. Grasp base of arm support and raise or lower to desired height. Lower lever to lock.

For maximum comfort, your arms should make contact with the armpad without any lift at your shoulders.



Kinemat® Tilt Tension: Long stem on right side with knob

Only available on some models.



To increase tension:

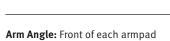
While seated, turn knob forward (clockwise, toward + sign).



To decrease tension:

While seated, turn knob backward (counterclockwise, toward - sign).

Set the tilt tension to control the resistance you feel when leaning back.





To swing arms in or out:

While seated, grasp front end of armpad and pivot it to the left or right.



Adjusting arm angle can help support different types of work and shifts in posture. Swing chair arms inward for support while using keyboard. Swing arm out to support use of computer mouse.



Forward Tilt: Front lever on left side



To position chair forward:

Lean back and lift lever all the way up. Lean forward.



To resume horizontal position:

While seated, push lever all the way down. Lean back.

Engage forward tilt to support the thighs' declined posture when performing intensive tasks such as keyboarding.

Lumbar Height: Thick pad on back of chair



To change height:

Using equal pressure on each end of lumbar support pad, raise or lower it to desired position within adjustment track.

Adjust pad height so that it comfortably supports the natural curve of your spine.



Tilt Limiter: Rear lever on left side



To limit tilt range:

Recline as far as you like. Move lever up to define the limit of recline. You can still move forward. Readjust as necessary.



To release tilt limiter:

Lean forward, press lever down.

Engage the tilt limiter when you want to sit in an upright or partially reclined position.

PostureFit® Adjustment: Knob on right side of chair



To engage:

While seated, turn knob forward until it stops. Then turn knob backward until you find the support that feels right for you.



To disengage:

While seated, turn knob backward.

Note: Set PostureFit with tilt limiter engaged in forward position to achieve the best fit for you. Before making this adjustment, you should be seated with your back in the pocket of the chair back. Then adjust PostureFit so that it comfortably supports the natural alignment of your spine and provides lower back comfort.



Lumbar Depth: Thick pad on back of chair





To adjust depth:
Using equal pressure on each end of lumbar support pad, lift it out of its track in back of chair. Flip it over and replace in track. (Notice that one side of support pad is thicker than the other side.)

Switch between thick and thin sides of the pad so that it comfortably supports the natural curve of your spine.

Fine-Tune™ Footring Height: Long stem on left side with knob

Only available on some stools.



To raise:

While seated, lift your feet off the footring, turn knob forward.



To lower:

While seated, lift your feet off the footring, turn knob backward.

At the proper height, your feet should rest flat on the footring.

